

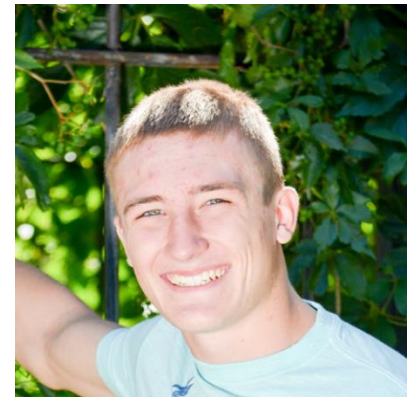


2016 NDHSCA-Gelaine Orvik Scholarship Narrative

The fourth pair of NDHSCA-Gelaine Orvik Scholarship Recipients will be presented tonight. Each individual will receive a \$1,000.00 Scholarship. These two student-athletes have been identified and selected, based on the criteria used in the selection by the NDHSCA Scholarship Evaluation Committee. The factors used for consideration included GPA, class rank percentile, athletic awards, activity awards, ACT test score, SAT test score, captain's and leadership roles, the applicant's application letter, letters of recommendation from faculty, coach and administrator. Other criteria for the evaluation included the necessity for the recipient to attend a North Dakota University or College and have the intention to become a **High School Coach**.

AARON SANDY; MINOT BISHOP RYAN HIGH SCHOOL

Aaron Sandy was ranked 8th in his class of 24 at Bishop Ryan High School. He will have earned 28 credits when he graduates with an ACT test composite score of 22. His curriculum included Anatomy, Pre-calculus, Chemistry, and Algebra II. Aaron competed in football and wrestling all four years of high school; in addition, he was a member of his baseball team as a 9th grader, his track & field team as a sophomore and junior and his golf team as a senior. He has earned 11 athletic letters. Aaron was member of band and student council each year. He also participated in speech, choir and was assistant chaplain as a senior.



In addition to his participation and earning a letter in athletics, as a senior Aaron has been team captain in both wrestling and football. He was a member of the Minot Ryan Football Leadership Council also.

Aaron has also prepared for his coaching profession by coaching youth wrestling. He earned All-State Honors six times in wrestling while placing in the top six in the state tournament four times, including a runner up finish as a senior. He earned NDHSCA All-State Honors in football as a senior and has been selected to play in the NDHSCA-Shrine Football. Aaron also set the pace in the wrestling room with his hard work and earned the school's "Spark Plug" award.

Aaron was nominated for this scholarship by Wrestling Coach, Steve Lipp. Coach Lipp, Aaron's faculty staff and Aaron's administration praised him when they identify character traits such as being virtuous, a leader, unselfish, protective of teammates, a "team first attitude", sportsmanlike conduct, respectful, enthusiastic, self-assured, academically gifted, high-values, exemplary, resolute, coachable, positive, cooperative



and creative. Certainly, Aaron is a deserving recipient of the NDHSCA-Gelaine Orvik Scholarship. Aaron is the son of Joel and Kristy Sandy.

CONGRATULATIONS, Aaron Sandy!

ADRIAN SEVIGNY; GRAND FORKS RED RIVER HIGH SCHOOL

Adrian Sevigny will graduate 17th in his class of 266 with an ACT test score of 26. He had a 3.66 GPA through seven semesters with heavy academic classes that includes Enriched Algebra II, Enriched Chemistry, Enriched Geometry, Enriched Pre-Calculus, Advanced Placement Calculus, Physics, Dual Credit History, Dual Credit Speech and Latin. He competed in Football for the Rough Riders for four years, JROTC for three years and basketball for one year. He also participated in Math Track for four years.



Adrian was a letter winner in football for two years and JROTC for one year. He held leadership roles for his ROTC unit for three years and was a team leader for his football team as a senior. He has done volunteer work at Valley Elder Care and 2000 Valley Square for over 200 volunteer hours.

Adrian was nominated for this scholarship by Red River High School Football Coach, Vyrn Muir. Coach' Muir's nominating letter for Adrian was a key in establishing his being a recipient of this award. Coach Muir addressed Adrian's "exemplification of the core values of creating a culture of excellence through commitment to academics, conduct, team and attitude. Adrian was never a 'star' of the Rough Rider team, but was always a quality member in demonstrating coachability, enthusiasm and a desire for improvement as a student athlete."

Adrian is also praised by his math teacher as being diligent, intelligent and dedicated. He is detailed, cooperative, goal-oriented, logical, and a valuable leader in his senior class. He also notes Adrian's compassion and giving nature with his concern for others. He is responsible, polite, friendly, trustworthy, judicious and caring. Red River HS Associate Principal also alludes to Adrian's positive attitude, up-beat personality, sound work ethic and dedication. In addition he is active, energetic, polite and responsible.

Adrian explained his reasons for wanting to be a high school coach. He stated "I want to help others learn the basics of a sport and teach them how to apply work ethic to the real world." Undoubtedly, Adrian understands the role of a teacher/coach as he refers to his goal in his life is "...not to be rich, not to make everything better for myself, but to make life better for generations to come." Adrian's direction is "...to instill a sense of dignity into their work." He echoed Coach Orvik, for whom the Scholarship is named, when he stated "Coaching should be teaching the players the game, to have fun, put forth their greatest effort..." Certainly, Adrian is also a deserving recipient of the



NDHSCA-Gelaine Orvik Scholarship that we hope will be significant as he prepares for our next generations as he attends Mayville State University. Adrian is the son of Thomas and Dorothy Sevigny.

CONGRATULATIONS, ADRIAN SEVIGNY!