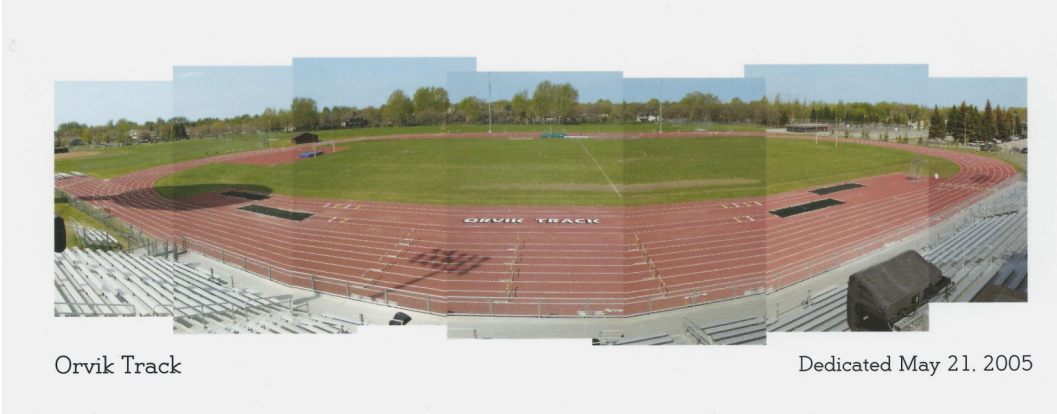
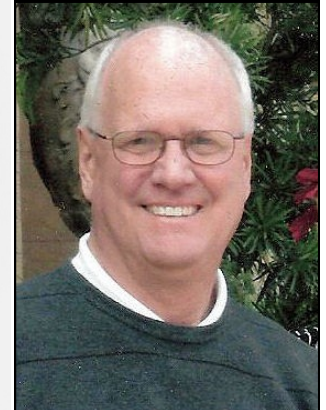


NDHSCA Gelaine Orvik Scholarship 2014



Orvik Track

Dedicated May 21, 2005



In 2008 the North Dakota High School Coaches Association decided to provide a **“Gelaine Orvik Scholarship.”** The idea of this scholarship was brought to the NDHSCA Executive Board at the 2008 State Convention by Joe Howell.

Gelaine Orvik is known as the Executive Secretary of the NDHSCA. He has also held this position on the National level. Gelaine has touched thousands of lives through his tireless effort and enthusiasm not only for we the coaches, but more importantly for student athletes. He is an outstanding role model, mentor, coach, teacher, person, and friend. The Fargo South High School new track was named in his honor in 2005.

2014 Gelaine Orvik Scholarship Recipients

The recipients of the 2014 NDHSCA-Gelaine Orvik Scholarships have been selected. After massive numbers of hours of evaluation and assessment, the Scholarship Evaluation Committee selected **Jacob Holmen** from Minot High School, and **Paige Meyer** from Fairmount High School to be the two beneficiaries for 2014.

The nomination form identified the criteria that would be used in the selection by the NDHSCA Scholarship Evaluation Committee: GPA, class rank percentile, athletic awards, activity awards, ACT test score, SAT test score, captain's and leadership roles, the applicant's application letter, letters of recommendation from faculty, coach and administrator. Other criteria for the evaluation included the necessity for the recipient to attend a North Dakota college or university and to have intention to become a high school coach.

Jacob intends to attend the University of North Dakota and Paige plans to attend Valley City State University.

Holmen and **Meyer** will each receive a \$1,000 check as recipients of the NDHSCA-Gelaine Orvik Scholarship. One scholarship is made possible by contributions by coaches, friends of coaches and leaders of the profession. The second scholarship is a fruition because of a donation from **SUBWAY**.

The scholarships will be presented to the student-athletes on Thursday, July 31st during the NDHSCA Coaches Awards Banquet to be held in Fargo at the Doublewood Inn Conference Center. Tickets for the banquet may be obtained by ordering from NDHSCA on the Association's Website (ndhsca.com).

2014 Gelaine Orvik Scholarship Recipients

Jacob Holmen will graduate first in his class of 424 with a 4.0 GPS. He scored a 28 on his ACT test. He competed in three sports throughout his high school tenure with varsity letters earned in football (4), basketball (2) and baseball (2). He was also captain of the Minot High School basketball and football teams as a senior.

Jake exhibits his “well-rounded” student with his competition in band for four years and Jazz Band for four years. He was a member of National Honor Society for three years. Jake was an active member of Immanuel Baptist Church, a Junior Rotarian and a Cleanup Volunteer during the 2011 Minot Flood.

Jake admits that athletics have been an important part of his high school experience at Minot High School, but is noted for his “healthy balance” in his daily schedule with family, academics, church and music being equated in his life.

Jake notes that some of the most influential people in his life haven his high school coaches. He points out that “these men have taught him the meaning behind high school athletics and that athletics are a wonderful place to learn lessons of life.” He praises his coaches for the many tutorials they provided, and Jake stated that he “hopes to join their coaching fraternity one day.”

Holmen will enroll at the University of North Dakota and will join the UND football team in the fall. He hopes to complete his degree with a major in mathematics and join the coaching brotherhood.



Jacob Holmen

Paige Meyer will graduate first in her class of seven with a GPA of 3.94. She substantiates these credentials with her ACT composite test score of 26. Paige participated in basketball (4) and volleyball (3). She also was a varsity team captain for three years in basketball and one year in volleyball. In addition she was a member of the Fairmount High School band (2) and chorus (2). She also was a member of Student Council and of the publications staff.

Paige also was member of the school’s “Smithonian”, Yearbook (editor & president), School Newspaper, National Honor Society and National Society of HS Scholars. She was a member of her Church Youth Group, Youth Mission Trip to Kentucky, and Little Rebels Basketball & Volleyball coach. She was a volunteer for “Gearing Up for kindergarten, for Humane Society Donation Drive Leader, for city park volunteer, city holiday events volunteer, breast cancer awareness drive, “Pray for Lexi” fundraiser, Earth Day City Clean-up, and “Fill the Bus” food drive.

Paige has concluded that she has a love and passion for athletics. Although her stature may betray her abilities, she praises her basketball coaches for instilling a work ethic to supersede any inadequacies. Paige concludes that her coaches have led her to success in athletics to the degree that she is recruited to play at the college level. Her coaches have instilled self-confidence and love for athletics.

Paige also concludes her realization how coaches have instilled qualities of fire, energy, passion and love for athletics. Although she will play basketball at the collegiate level, she wants to coach volleyball. She realizes the role-modeling opportunity she has in coaching. Paige realizes some of her life’s greatest lessons have been learned while playing basketball and volleyball. She yearns for the opportunity to pass the love, knowledge, dedication and passion for athletics to others.



Paige Meyer